

**FirstCare**

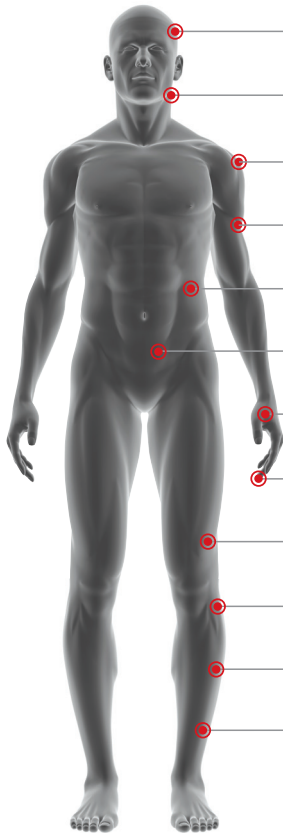
Making The Essential Simple

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# THE EMERGENCY BANDAGE INSTRUCTIONS FOR USE POCKET GUIDE

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First Care Products Ltd. Email. [info-global@firstcareproducts.com](mailto:info-global@firstcareproducts.com)  
[www.firstcareproducts.com](http://www.firstcareproducts.com)



**Head** wound dressing >

**Neck** wound dressing >

**Arm** wound dressing & immobilization >

**Arm** wound dressing (doughnut/bagel) >

**Waist** entry & exit wound dressing >

**Abdominal** wound dressing >

**Hand** amputation dressing >

**Hand/Arm** wound self application >

**Leg** abrasion dressing >

**Leg** wound packing & dressing >

**Leg** amputation dressing >

**Leg** wound dressing >

## LEG WOUND DRESSING



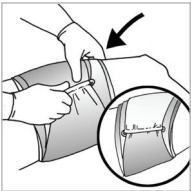
01.

Place pad on wound.



02.

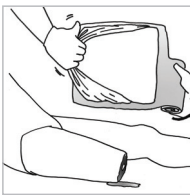
Insert elastic bandage into pressure applicator.



03.

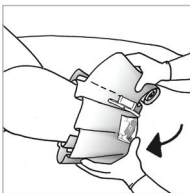
Wrap elastic bandage tightly over pressure applicator. Cover all edges of pad. Secure hooking ends of closure bar into elastic bandage.

## LEG AMPUTATION DRESSING



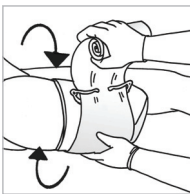
01.

Remove plastic barrier if not required.



02.

A. Place stump into center of pad.  
B. Encase stump in bandage pad.



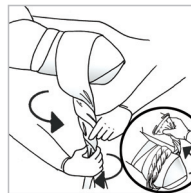
03.

Use pressure applicator as a buckle to firmly wrap and secure elastic bandage to cover all edges of pad.



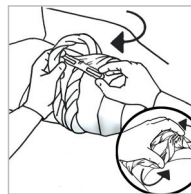
04.

Leave 2-3 unwrapped revolutions of wrapping leader.



05.

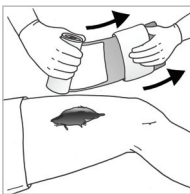
Twist unwrapped elastic bandage into a cord and wrap around limb on previously wrapped leader above edge of pad.



06.

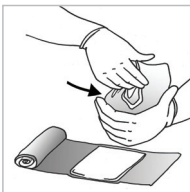
Insert closure bar between wrapped cords and rotate to effect tourniquet. Secure wrapping leader with hooks of closure bar.

## LEG WOUND PACKING & DRESSING



01.

Remove second mobile pad from bandage.



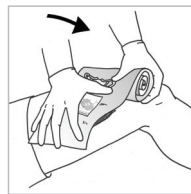
02.

Form the pad into a ball shape and ...



03.

...stuff it into the wound.



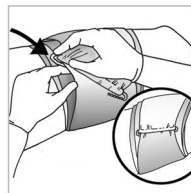
04.

Position the stationary pad with the pressure applicator above the packed wound.



05.

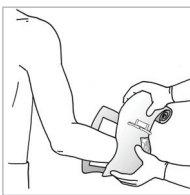
Insert elastic bandage into pressure applicator. Tighten elastic bandage and pull back.



06.

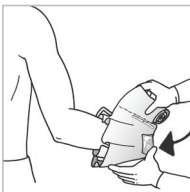
Wrap elastic bandage tightly over pressure applicator. Secure hooking end of closure bar into elastic bandage.

# HAND AMPUTATION DRESSING



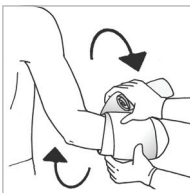
01.

Place stump into center of pad.



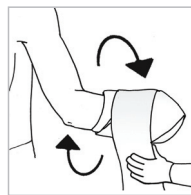
02.

Encase stump in bandage pad.



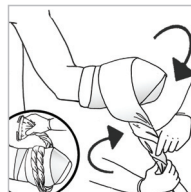
03.

Firmly wrap elastic bandage covering all edges of pad.



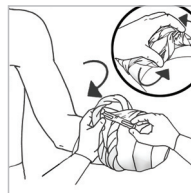
04.

Leave 2-3 unwrapped revolutions of wrapping leader.



05.

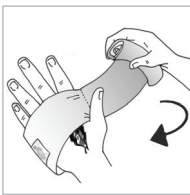
Twist unwrapped elastic bandage into cord and wrap around on previously wrapped elastic bandage above edges of pad.



06.

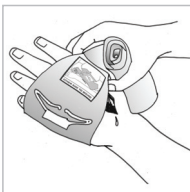
Insert closure bar between wrapped cords and rotate to effect tourniquet. Secure wrapping leader with hooks of closure bar.

## HAND/ARM WOUND SELF APPLICATION



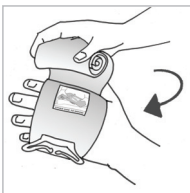
01.

Slide the wounded hand inside the loop of the flap handle to stabilize bandage.



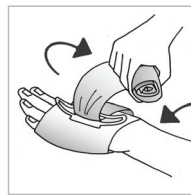
02.

Position it so the pad & pressure applicator will rest on the wound area.



03.

Use your other hand to wrap the elastic bandage.



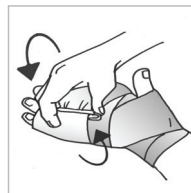
04.

Insert elastic bandage into pressure applicator. Tighten elastic bandage & pull back forcing the pressure applicator down onto pad.



05.

Wrap elastic bandage tightly over pressure applicator.



06.

Secure hooking ends of closure bar into elastic bandage.

## NECK WOUND DRESSING



01.

Raise the patient's arm opposite to the wound side above his head.



04.

Wrap elastic bandage tightly over pressure applicator. Secure hooking ends into elastic bandage. Lower raised arm to increase pressure on wound and distance from trachea.



02.

Wrap the wrapping leader around the body and into the armpit opposite to the wound.



03.

Insert elastic bandage into pressure applicator. Tighten elastic bandage and pull back.

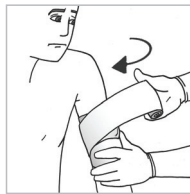


## ARM WOUND DRESSING & IMMOBILIZATION



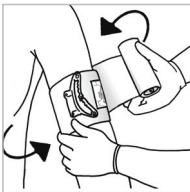
01.

Place pad on wound.



04.

Wrap elastic bandage tightly over pressure applicator. Wrap over all edges of pad.



02.

Wrap the elastic bandage around limb.



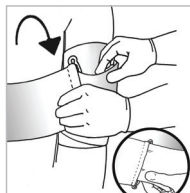
05.

Use the remaining wrapping leader to splint the arm to the body by wrapping around the front or back of the body underneath the opposite armpit, returning around the wounded arm.



03.

Insert elastic bandage into pressure applicator. Tighten elastic bandage and pull back, forcing pressure bar down onto pad.



06.

Secure hooking ends of closure bar into elastic bandage.

## ARM WOUND DRESSING (DOUGHNUT/BAGEL)



01.

Position the bagel or doughnut around the protruding shrapnel.



02.

Wrap the elastic bandage over the outer circle of the bagel to fix it firmly around the wound.



03.

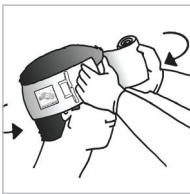
Insert wrapping leader into pressure applicator and change direction to wrap.



04.

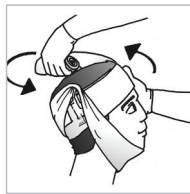
A. Continue wrapping the bandage over the outer circle of the bagel.  
B. Secure leader by hooking the closure bar into previous layers of the wrapping leader.

## HEAD WOUND DRESSING



01.

Place pad on wound and wrap the elastic bandage wrapping leader around head.



04.

Cupping the chin for comfort and stability, continue to wrap the elastic bandage.



02.

Insert elastic bandage into pressure applicator and wrap around head. Pull back, forcing pressure applicator down onto pad.



05.

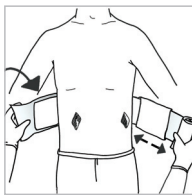
Secure hooking ends of closure bar into elastic bandage.



03.

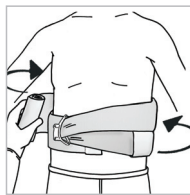
Hook the wrapping leader behind a corner of the pressure applicator to turn the direction of bandaging.

## ENTRY & EXIT WOUND DRESSING



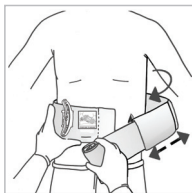
01.

Wrap the elastic bandage around limb or body part placing pads on wounds with the pad having the pressure applicator positioned above the more seriously bleeding wound.



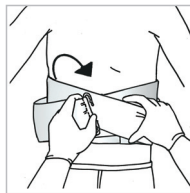
04.

...Pull back, forcing pressure applicator down onto pad.



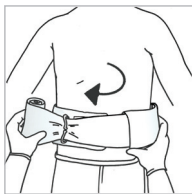
02.

Insert elastic bandage into pressure applicator.



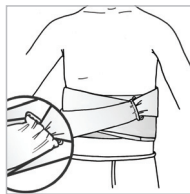
05.

Wrap elastic bandage tightly over pressure applicator. Wrap over all edges of pads.



03.

Tighten elastic bandage and...



06.

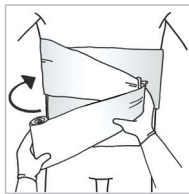
Secure hooking ends of closure bar into elastic bandage.

## ABDOMINAL WOUND DRESSING



01.

Remove plastic barrier if not required.



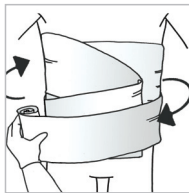
04.

Reverse direction of bandaging and wrap elastic bandage to cover the bottom half of the pad.



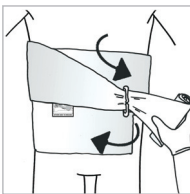
02.

Place pad on wound area (do not press down).



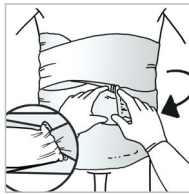
05.

A. Proceed to wrap around torso.  
B. Be sure to cover all edges of the pad



03.

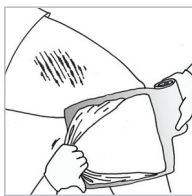
A. Wrap elastic bandage around torso & bring to front of body (do not tighten).  
B. Wrap elastic bandage to cover the top half of the pad, insert into pressure applicator.



06.

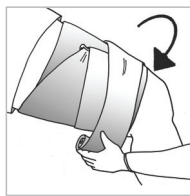
A. Secure wrapping leader by hooking the closure bar into previous layers of the wrapping leader.  
B. Thoroughly wet bandage pad to keep wound area moist.

## LEG ABRASION DRESSING



01.

Remove plastic barrier if not required.



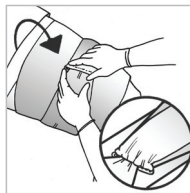
04.

Wrap elastic bandage to cover the bottom half of the pad.



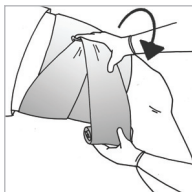
02.

Place pad on wound area.



05.

A. Proceed to wrap around limb.  
B. Be sure to cover all edges of the pad.



03.

A. Wrap elastic bandage around limb.  
B. Wrap elastic bandage to cover the top half of the pad and insert it into the pressure applicator to change direction of bandaging.